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## Hunger

**Author:**

Jackie Morse Kessler

**Reading Level:** Grades 8 and up

17-year-old Lisabeth Lewis is fat. That's what the "thin voice" she hears inside her head tells her. Despite eating only lettuce and the constant exercising, the "thin voice" still tells Lisa that she is disgustingly fat. On the day Lisabeth considered ending her life, she heard a new voice...Death.

Death, who looks like a super cute dead rocker dude, gives her scales, a really cool horse and tells her she is now Famine. As Famine, she has horrifying powers. Lisabeth sees suffering and hunger like she's never imagined. Lisa hates being Famine, but Death informs her it is that or...well, death.

**Other stories of kids struggling with eating disorders include:** [Perfect](#) by Natasha Friend  
[Wintergirls](#) by Laurie Halse Anderson, [Fat Chance](#) by Lesléa Newman and [I Am An Artichoke](#) by Lucy Frank

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