

# HIGHLAND PARK PUBLIC LIBRARY

## JANUARY JANUARY

### NEW YEAR, NEW YOU!

#### The Science of Well-Being

Join us to take part in Yale University's most popular course — now offered free online. Watch video lectures led by Laurie Santos, a professor of psychology and cognitive science, to learn about the psychology of happiness. Our hope is that as we come together in a socially supported community, we will put new healthy habits into place that will help to enrich our lives.

**Saturday, January 4, 11, 18, 3 - 4 p.m.**

[Send me a reminder email for January 4, January 11, or January 18.](#)

#### Digitize Everything!

Learn how to use the equipment in the Digital Media Lab to digitize your VHS and camcorder tapes, 8 mm and Super 8 movies, audio tapes, records, photos, slides, and negatives.

**Tuesday, January 7, 7 - 8 p.m.**

[Send me a reminder email.](#)

#### 20/20: A Clear Vision For Healthy Living

Start the new year off right! Health coach Honey Bronson provides an overview on nutrition, exercise, stress management, sleep, and mindfulness for a healthy lifestyle.

**Monday, January 27, 7 p.m.**

[Send me a reminder email.](#)

#### BOOK DISCUSSIONS

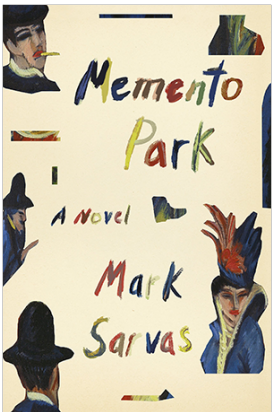
##### Memento Park, by Mark Sarvas

Davis Schneiderman, English professor at Lake Forest College, leads the discussion.

**Thursday, January 30, 7 p.m.**

[Send me a reminder email.](#)

Sponsored by the Friends of the Highland Park Public Library.



##### Readers' Round Table

Find out what others are reading and share your recommendations. Pick up ideas for what to read next and take home an advance copy of an upcoming title.

**Tuesday, January 28, 2 p.m.**

[Send me a reminder email.](#)

[More Book Discussions](#)

#### FILM SHOWINGS AND DISCUSSIONS

##### Marty

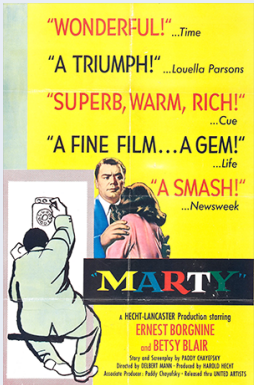
Bob Coscarelli, professor emeritus at College of Lake County, introduces and screens the film starring Ernest Borgnine as a socially-awkward Bronx butcher. A discussion follows.

**Sunday, January 19, 2 p.m.**

[Send me a reminder email.](#)

Presented with the Highland Park Senior Center.

Sponsored by Elevate Care.



##### Centennial Suffragette Film Festival —

##### Suffragette

The League of Women Voters presents a film festival in honor of the 100th anniversary of American women's right to vote.



Celebrate this milestone with a screening of *Suffragette*. Other films in the series will be shown at Lake Forest Library on January 25 and February 2.



**Sunday, January 26, 1:30 p.m.**

[Send me a reminder email.](#)

Presented with the League of Women Voters Highland Park/Highwood and Lake Forest/Lake Bluff.

[More Film Showings and Discussions](#)

[Coming in February — A Night at the Oscars](#)

THEATER

[Richard III Theatrical Reading](#)

Considered by some to be Shakespeare's greatest villain, Richard III murders his way to the English crown. Equity actors from the Shakespeare Project of Chicago perform a theatrical reading of the play.

**Sunday, January 12, 2 p.m.**

[Send me a reminder email.](#) • [More Performances](#)

Sponsored by the Friends of the Highland Park Public Library.

RISE AND SHINE HUMANITIES PROGRAMS

[Un-American: The Incarceration of Japanese Americans During World War II](#)

Author and photo historian Richard Cahan discusses the creation of his book, *Un-American: The Incarceration of Japanese Americans During World War II*. The book features images of famed photographers who were hired by the government to document the incarceration of Japanese Americans during World War II. The book's photos were never seen prior to publication and the images are a powerful history of one of America's defining moments.

**Wednesday, January 15, 10:30 a.m.**

[Send me a reminder email.](#) • [More Rise and Shine Programs](#)

Presented with the Highland Park Senior Center. Sponsored by Sunrise Senior Living.

TECH

[Celebrate Appreciate A Dragon Day and Make A 3D Dragon](#)

January 16 is Appreciate a Dragon Day! Learn how to make your own dragon for printing on the Library's 3D Printer. Dragons can be picked up on January 23.

**Thursday, January 16, 10 - 11 a.m.**

Registration required. [Register here.](#)

**Kids ages 8 - 12, make a dragon button!**

**Thursday, January 16, 5:30 - 6:30 p.m.**

Registration required. [Register here.](#)

DISCUSSIONS

[The Foreign Policy Association's Great Decisions Discussion Group](#)

Join the global studies discussion group based on a briefing book published by the Foreign Policy Association, an organization that serves as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. Discussions will be led by members of the group with rotating discussion leaders. Books will be for sale at the January 15 meeting.

[See the discussion topics.](#)

**Wednesdays, January 15, 29, February 12, 26, March 11, 25, April 15, 29 7 p.m.**

Registration required. [Register here.](#)

Presented with the League of Women Voters Highland Park/Highwood.

[Spanish Conversation Group](#)

Conversational ability required.

**Tuesdays, 10:30 - 11:30 a.m.**

[Spanish Literary Club](#)

**Fridays**

**11:30 a.m. - 1 p.m.**

BUSINESS RESOURCES

## One-On-One Business Mentoring with SCORE Chicago Counselors

**Tuesdays, 3 - 5 p.m. and Thursdays, 5 - 8 p.m.**

Registration required. [Register for a one-hour one-on-one mentoring session with a business mentor.](#)

SCORE is a nonprofit organization dedicated to helping small businesses through education and mentorship.

## HIGHLAND PARK HISTORICAL SOCIETY PRESENTS

### [By Popular Vote: Highland Park Was Dry For 104 Years](#)

**Thursday, January 16, 7 p.m.**

[Send me a reminder email.](#)

# KIDS EVENTS

## Kid Lit Fest and iRead Kick-Off!

**Saturday, January 11, 9 a.m. – 2 p.m.**

Kick off iRead, District 112 Education Foundation's annual read-a-thon, at the Library.

Meet notable and award-winning authors!

Authors' books will be for sale and authors will sign copies.

Watch children's stories come to life with performances at 10:30 a.m. and 12:45 p.m.!

Take your picture in the book cover photo booth and make a bookmark!

Receive credit for 30 minutes on your reading log!

[Find out more.](#)

### The Mystery Shop

See the play, find the clues, and compete in teams to solve the mystery! Join us for this one-of-a-kind event!

**Friday, January 3, 1 - 3 p.m. Grades 3 - 6.**

Registration required. [Register here.](#)

### Code Club

Join us for hands-on programming using CS First! No coding experience required. Computers are limited and available on a first-come, first-served basis.

**Saturday, January 4, 10 - 11 a.m. Ages 9 - 13.**

[Send me a reminder email.](#)

### Makey Makey Pac-Man

Use Makey Makey kits to explore programming and simple circuits then use the circuits to play Pac-Man! No coding or programming experience required.

**Wednesday, January 15, 3:30 - 4:30 p.m. Ages 9 - 13.**

Registration required. [Register here.](#)

### 3D Printing Club

Create your own 3D designs to submit for printing on the Library's 3D printer. Staff will be on hand to offer assistance.

**Friday, January 17, 4 - 5 p.m. Ages 9 - 13.**

Registration required. [Register here.](#)

Walk-ins are welcome, but computer time is not guaranteed.

## Robot Family Storytime

Beep boop beep! We'll make robot puppets to help tell stories and try some robot dance moves.

**Saturday, January 18, 10:30 - 11 a.m. For families with children ages 2 - 7, but all are welcome.**

Registration recommended. [Register here.](#)

## Pinkalicious Party

Celebrate all things *[Pinkalicious!](#)* with stories, activities, and crafts. The Highland Park Players will perform songs from their upcoming production of *Pinkalicious! The Musical*.

**Saturday, January 25, 1:30 - 2:15 p.m. Ages 3 - 8.**

Registration required. [Register here.](#)

Please register each child separately. One adult per family, please.

## Winter Storytime Sessions

Winter storytime sessions, with activities designed to foster pre-reading skills for newborns to six-year-olds, begin in January.

[Storytime Dates and Times](#)

**Registration required. Register now in the Youth Services Department or by calling (847) 681-7030.**

## MORE KIDS EVENTS

[Don't miss news of kids events. Sign up for the Kids Events newsletter here.](#)



JANUARY 2020

[Additional parking for Library events is available one block west of the Library on St. Johns Avenue.](#)

[Click here to see where.](#)

The Library may take photos, videos, and audio recordings at the Library and during Library events to use in its publicity materials and on its website and social media sites. Any individual that does not wish the Library to use a photograph or video of them or their child should inform a Library staff member prior to or while such photographs or videos are being taken.